

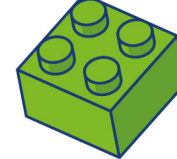


Lego® Based Play.

Building Blocks for Strong Foundations

Charter

MindWise
Pinewood House, 46 Newforge Lane
Belfast, BT9 5NW Northern Ireland
www.mindwisenv.org



Signed by school:

Signed by MindWise:

Date:

Teacher training date agreed:

Beyond Bricks delivery dates:

Celebration event date:

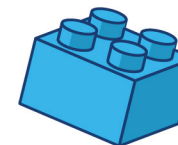
What is Beyond Bricks?

Beyond Bricks is Lego® Based Play that uses a 'recovery to discovery' approach, to enhance children's overall mental health and wellbeing, now and in the future. **Beyond Bricks** is brought to you by MindWise as part of Mental Health UK and funded by Lloyds Banking Group.

Beyond Bricks at a Glance

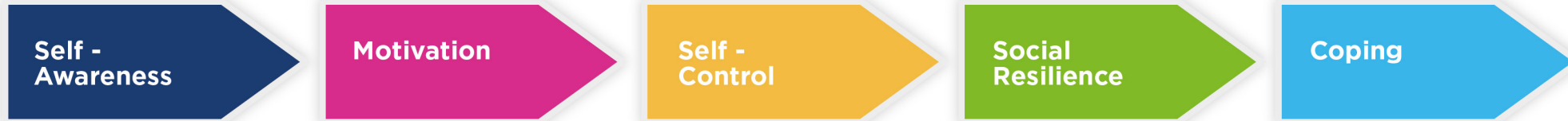
Through our **Beyond Bricks** programme, we will work with primary schools to support P6/P7 pupils in discovering new skills which enable them to recover from the impact of the pandemic by developing a toolkit to maintain positive mental health now and in the future.

Delivered through Lego® Based play and interactive workshops, we want to support children of this age group who will be experiencing further changes and transition by focusing on learning about and building a toolkit to improve the five key aspects of emotional wellbeing in their own lives.





The five key aspects of emotional wellbeing as identified by the Education Authority 'Emotional Health and Wellbeing Framework' are:



Lego® Based Play teamed with interactive learning sessions brings about a unique learning experience where the children will develop essential skills through play, discussion, and testing what works for them.

Some of the skills each child will explore are:

- Communication
- Problem-solving skills
- Emotional development
- Confidence
- Self-regulation
- Advocacy Skills



What does the Beyond Bricks programme involve?

Pupils will take part in a 5-week interactive programme in their school, with their own teachers co-facilitating the programme alongside trained **Beyond Bricks** Associates. Each pupil will leave with a personalised toolkit to support them in all five areas of the Emotional Health and Wellbeing Framework to navigate their future with confidence.

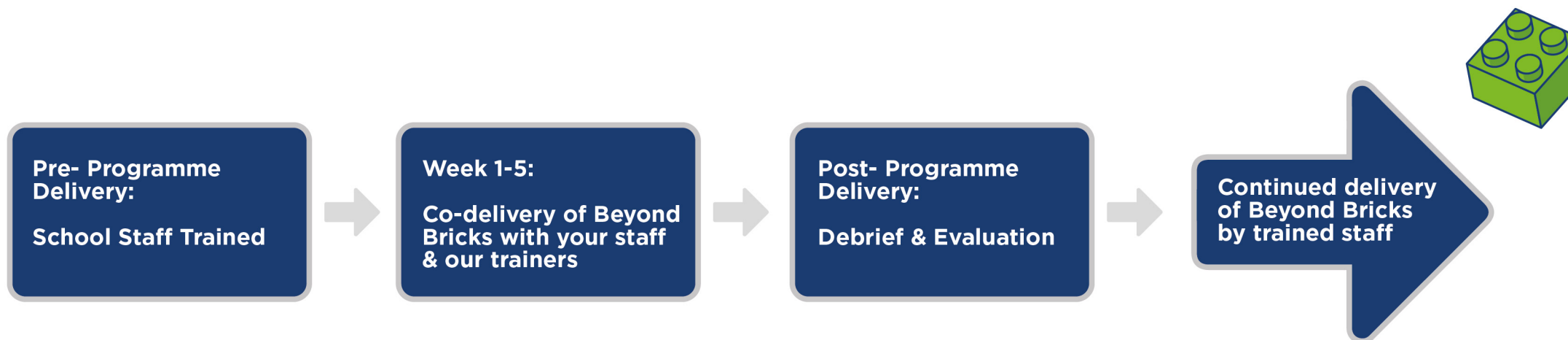
Each school will get:

- 4 assigned school staff members trained in Lego® Based Therapy.
- 5 one-hour Beyond Bricks workshops co-delivered with MindWise Training Associates for two different Primary 6 or Primary 7 classes within your school.
- A Lego® package: 20 sets of Lego® and 1 large creative brick box.
- A comprehensive package of easy to use resources, including a teacher's guide; PowerPoint slides for all workshops to facilitate teaching and pupil workbooks.
- Ongoing support and communication, allowing trained school staff to continue delivery with excellence in future.
- A Beyond Bricks celebratory event and certificate for your school showing your commitment to the programme.

How we'll support you to deliver Beyond Bricks.

Before the programme is delivered to your pupils, we will train four of your school staff in Lego® Based Therapy and **Beyond Bricks**. In the following five weeks, our dedicated Training Associates will work closely with those staff to co-deliver **Beyond Bricks** in 1-hour workshops. Our Training Associates will be available to your school for 5 hours outside of the workshops, allowing for teachers to learn the content as well as prep, plan and debrief from the sessions.

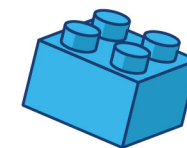
Once **Beyond Bricks** has come to an end, we will remain in regular contact with your designated teachers to ensure they have the right resources and support to continue delivering **Beyond Bricks** to more pupils – and ultimately grow its impact within your school.





Each session will last 1 hour and follow the same format exploring a new theme each week.

	Week 1 Self-Awareness	Week 2 Motivation	Week 3 Self-Control	Week 4 Social Resilience	Week 5 Coping
5 minutes	Introduction to Beyond Bricks				
5 minutes	Warm up game	Warm up game	Warm up game	Warm up game	Warm up game
20 minutes	Lego® based play session	Lego® based play session	Lego® based play session	Lego® based play session	Lego® based play session
15 minutes	Reflective session pulling out themes of Self Awareness	Reflective session pulling out themes of Motivation	Reflective session pulling out themes of Self control	Reflective session pulling out themes of Social Resilience	Reflective session pulling out themes of Coping
20 minutes	Toolkit exploration	Toolkit exploration	Toolkit exploration	Toolkit exploration	Toolkit exploration



What do we need from you to get started?

Capacity

- Your ability to provide designated staff and teachers for the duration of the programme.
- Recruit 1 or 2 classes of P6 or P7 students for a 5 week programme.
- Deliver Beyond Bricks to another group of pupils in the school within one year of completing your co-delivery sessions.

Commitment

- Commitment to work with us to deliver a high quality programme for your pupils.
- To stay linked in with MindWise for support and feedback.
- Complete a short survey at the beginning, end, and one year on of your co-delivery sessions.



MindWise Quality Standards for Beyond Bricks. Ensuring your school is ready for the programme.

We have developed some Quality Standards for **Beyond Bricks** to ensure we achieve its main objective:

‘Pupils recover from the impact of the pandemic, through a recovery to discovery approach, to enhance their overall mental health and wellbeing, now and in the future.’

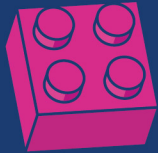
We are fortunate that we are in a position to be able to provide **Beyond Bricks for free to a number of schools, and as such, we need to make sure we use these resources where the programme has the best conditions to make an impact.**

These Standards are what we expect a school to appraise itself against prior to engaging with the programme, during delivery and in the future, in order to answer the question: “How do I ensure that my school is ready, committed and supported to deliver **Beyond Bricks** to the highest standard possible?”

Through the use of these quality standards, schools should be able to:

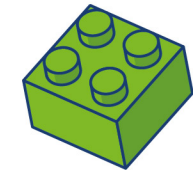
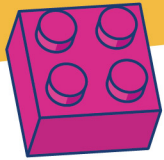
- a. Ensure they are prepared and ready to deliver Beyond Bricks.
- b. Deliver Beyond Bricks through trained designated school staff, ensuring it is always delivered by those who are trained in it.
- c. Allow Beyond Bricks to be delivered in the best school environment possible.
- d. Work collaboratively with Beyond Bricks Training Associates, understanding their role and utilising their capacity.
- e. Deliver Beyond Bricks only using approved materials and resources.
- f. Ensure that safeguarding and confidentiality are central to delivery.
- g. Commit to continuing the delivery of Beyond Bricks by delivering at least 1 further programme within 12 months of completion.





Quality Standard (QS)	Preparing	Delivering	Continuing
<p>QS1: Trained staff</p> <p>Beyond Bricks will always be delivered by people trained in its content.</p>	<p>All designated school staff attend a 4-hour workshop on Lego-based play and 1-hour workshop on the programme content.</p>	<p>When delivering for the first time, trained school staff always co-deliver with Beyond Bricks Training Associates.</p>	<p>Always have at least 2 school staff trained.</p>
<p>QS2: Delivery Environment</p> <p>Beyond Bricks is delivered in the best environment possible in the school.</p>	<p>Select cohort (P.6 / P.7) with a maximum of 30 pupils.</p> <p>Ensure the classroom is conducive to the equal engagement of all pupils and not targeted at only selected pupils.</p>	<p>Ensure the full programme of 5 weeks is completed.</p> <p>Deliver the programme to two cohorts in your school.</p> <p>Complete the necessary evaluation at the start and at the end of Beyond Bricks delivery in a timely fashion.</p> <p>Delivered with integrity and respect.</p>	<p>After first co-delivery with Beyond Bricks Training Associates roll out the programme at least once within the following 12 months within the school.</p> <p>Complete a follow-up survey.</p> <p>Complete the evaluation tool that will be provided.</p> <p>Contact Beyond Bricks staff if you have any difficulties.</p>
<p>QS3: Collaborative Working Relationships</p> <p>Beyond Bricks requires collaborative and supportive partnerships between designated school staff and Beyond Bricks Training Associates.</p>	<p>Collaborative working relationships are defined and planned during the training on the Beyond Bricks content.</p>	<p>Designated school staff are provided with sufficient time to utilise Beyond Bricks Training Associates for workshop prep, delivery and debrief.</p> <p>Understanding that our Beyond Bricks Training Associates are not risk or behaviour managers and this is the responsibility of the schools staff.</p> <p>Official Beyond Bricks resources/materials are only used during delivery</p> <p>Raise concerns about Beyond Bricks staff with the named lead for your school.</p>	
<p>QS4: Safeguarding and Confidentiality</p> <p>Beyond Bricks holds safeguarding of all young people central to everything it does.</p>	<p>During the school staff training, the following should be covered:</p> <p>Presentation of safeguarding policies from the designated school staff and school safeguarding lead.</p> <p>Understanding of confidentiality and how it works during co-delivery.</p> <p>Clearly defined reporting system if something presents itself during co-delivery.</p>	<p>Delivery will only happen after school staff have been trained.</p> <p>Adhere to your safeguarding policies which act as the lead document.</p>	<p>Referring to your safeguarding policy.</p> <p>Contact Beyond Bricks staff if you have any difficulties.</p>





About MindWise

Beyond Bricks is led by **Amy Stothers** and delivered by MindWise. MindWise, www.mindwisenv.org, is a leading membership based mental health charity in Northern Ireland. We have been working with and for people of all ages directly affected by mental health issues as well as families, carers, employers and teachers for over 50 years.

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www.mindwisenv.org **New Visions for Mental Health**

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